## DO THIS, NOT THAT

## TIPS FOR SAFE & SUCCESSFUL HOME CANNING

Follow a tested/approved recipe for home canning.

Don't use an outdated recipe or untested recipe.

Follow a tested/approved recipe completely.

Don't alter recipe ingredients, processing method, or processing time.

Use the jar size indicated in the recipe.

Don't use a jar size larger than indicated in the recipe.

Hand wash closures. Don't clean closures in a dishwasher.

Clean jars prior to use.

Don't use jars straight from the case.

Make sure your canning pot is tall enough to cover the jars by 1-2 inches of water. Don't use a pot that is too small for your jars.

Use the appropriate canner for your stovetop.

Don't assume you can preserve on all stove-tops.

Use a canning rack, trivet, or bands to place the jars on top of in the pot/canner.

Don't place the jars directly on the bottom of the pot/canner.

Prewarm your jars in the canner or in a dishwasher.

Don't place hot food in room temperature jars.

Place hot jars on a towel or wooden cutting board to fill.

Don't place hot jars on a cool counter-top or anything metal.

Remove one jar, fill jar, then place jar into canner before filling the next jar.

Don't assembly line fill your jars. (Aka fill them all at the same time.)

Measure your headspace according to what's indicated in the recipe.

Don't guess on the headspace.

Remove air bubbles with a plastic utensil.

Don't forget to remove air bubbles or use a metal utensil to remove air bubbles.

Wipe the rim of the jar with a damp cloth or paper towel to remove food particles. Don't forget to wipe the rim.

Use a two-piece closure.

Don't use antique or one-piece closures.

Adjust the band to finger-tip tight.

Don't crank the band on the jar super tight.

Adjust processing time for altitude.

Don't forget to adjust processing time for altitude.

Start the processing time when the water begins to boil or pressure achieved.

Don't start processing time when the last jar is loaded into the pot/canner.

Allow jars to cool in canner for 5 minutes after processing before removing.

Don't remove jars immediately after processing or force pressure to come down.

Place preserved jars on a towel or wooden cutting board spaced 1-2in apart to cool. Don't place hot jars directly onto a counter top or metal surface.

Allow jars to cool for 12-24 hours before checking the seal.

Don't check for a seal while the jars are still hot/warm.

Remove band, ensure lid is concave, & verify the lid is sealed before storing. Don't forget to check your seal.

Clean jar prior to storing.

Don't forget to wipe the jar down before storing.

Store jars in a cool/dry/dark location between 50-70 degrees.

Don't store jars in very hot or very cold locations.

Use freezer-safe jars when freezing. (Tapered)

Don't use jars that are not freezer-safe when freezing. (Jars with "shoulders")

NOTE: When using a glass top stove: 1. Ensure it's safe for home canning. 2. If so, use a pot that is completely smooth on the bottom & will come in complete contact with the heating element. 3. The bottom of the pot must not exceed the burner by more than 1 inch.

